2: Mitchell E-5 (1946-1949) 1956 FT7 Yao FT7

strike out with his adherents to found a new village. A sum of £6 or £7 is a considerable amount in everyday Yao life where the annual cash income of the average individual is not much more. The leader of a dissident group is prepared to forgo this wealth to get one foot on to the lowest rung of the political ladder—that is by becoming a village headman.

Obversely there is a great deal of sentiment attached to the idea of a united village. To the Yao way of thinking a village is broken by fighting or death, and these evils are linked by witchcraft beliefs. The association of death and the break-up of the village is brought out clearly by the funeral ablutions of villagers after the burial of one of their number. An important ingredient in the medicine with which the mourners wash themselves after the funeral, is *cikula*. It is the earth from a particular type of termitary which is usually about 12 to 18 inches high, upright and almost cylindrical. The crust is very brittle and it is comparatively easy to chip off a piece. When this is done a mass of internal chambers and passages is revealed. The soldier ants, unlike those of other species that retreat into the darkness of their passages as soon as they are exposed, come into the open daylight and swarm in confusion over the fractured termitary. When I questioned my informant about *cikula*, he kicked the crust off the top of one of the hills and said, 'See all the houses in the village of the ants? I have broken their village. So it is with death. It breaks the village.'

The Yao believe that death 'breaks the village' and that conflicts through sorcery lead to death. Therefore, conflicts are the real cause of village splits. Hence differences must be settled immediately if the village is to persist, because if they last too long one of the aggrieved parties is sure to start using sorcery against its opponents. Those who do move away, go to a distant place because they believe that sorcery operates only where there is social interaction. But the fear of sorcery on the other hand is just as strong a force in maintaining the physical unity of the village. It is while the migration is being planned that sorcery is most likely to be used. This is particularly so if the village break is taking the form of a lineage split. This happened, for example, in Lupunje village.

Kalambo, the sister's son of Lupunje, wanted to leave the village and had gone to seek a suitable site. When he returned he found that

2: Mitchell E-5 (1946-1949) 1956 FT7 Yao FT7

his mother was ill and had gone with Lupunje's younger brother to the diviner to find out the cause of the illness. The diviner indicated that Lupunje thought that Kalambo was not showing him the proper respect. Lupunje knew that his sisters had lost their value in the lineage since they had stopped bearing children, whereas Kalambo's sisters were still reproducing. His malice had caused the woman's illness. When Kalambo got home he asked his mother's brother to blow water out of his mouth [1] and help him to prepare some medicine for the sick woman. This Lupunje did and the woman recovered immediately.

Shortly afterwards Kalambo remonstrated with his mother's brother for causing the illness of his sister, but Lupunje said that he had no control over it: the spirits had brought it on her. Kalambo knew that he could do nothing and abandoned the idea of building his own village. He knew that there was bound to be more illness if he carried on with his plan.

Clearly the belief in the mystical powers of the ancestors or of sorcery is a force which prevents sections from breaking away from the village. A break follows only when opposition within the village has reached sufficient pitch to force one of the sections to take the risk of illness, rather than to continue living in the village. Sometimes the dissident group comes back because further deaths at their new village site convince them that their action was wrong.[2]

Effects of the Headman's Personality

Whether a village maintains its unity or not, depends very largely on the personality of the headman. This is why the officiating headmen and others at the installation ceremonies are so insistent that cases should be settled quickly. The main duty of a headman is to maintain harmonious relationships within his village and to see to the welfare of its members. All severe illnesses are immediately reported to him, and so are the results of all divinations. He usually sends his representative to divinations concerning kinsmen not related to him matrilineally. He is immediately notified of all deaths and he organizes the funeral rites. Squabbles are brought to him for arbitration and even where squabbles are settled by kinsmen in the village, usually the headman is formally told of them. Frequently marriage diffi-

[1] An act which recants malice. See Chap. VI, p. 139.

[2] See the case history in Chap. VI, p. 153.

2: Mitchell E-5 (1946-1949) 1956 FT7 Yao FT7

disease *ndaka*.[1] This disease, as we have seen, affects the sexually inactive when they are brought into contact with those who are sexually active. But the disease will only affect the members of the matrilineage of the errant person. For example, suppose a labour migrant is coming home from Southern Rhodesia and has, among other things, a few pounds of salt in his baggage for a gift to his relatives. Suppose also that while he is returning he has promiscuous intercourse. The salt becomes charged with sexual heat and if he gives it to any of his matrilineal relatives to cook with, they will contract this disease. He must therefore give the salt to members of another matrilineage, even if they live in the same village.

It is when the unity of the matrilineage is threatened, by either death or division, that its mystical value appears most clearly. When a member of the matrilineage dies the whole matrilineage is thrown into mourning and remains continent for three days. On the fourth day they perform a ritual purification and some members resume sexual relations, but the closest matrilineal relatives, such as the mother and uterine siblings, remain continent for the remainder of the mourning period, which is about 36 days.

It is tension within the lineage which is most closely attended by dire results. The most important reflex of this tension is accusations of sorcery. Good relationships among members of a matrilineage are adjured, mainly because friction opens the way to sorcerers. The Yao believe that sorcerers kill their matrilineal relatives so that they may share the flesh with other sorcerers. The sorcerer is fundamentally a wicked person and may kill any relative but is more likely to kill [illegible] whom he hates. Hence it is most important that relationships are kept amicable within a matrilineage for fear that sorcery ensues.

An interesting variation of the dangers of sorcery is the belief that sorcerers take the opportunity of squabbles within a matrilineage to kill one of the members. The rationale behind this is that the diviner's instruments are unable to detect the origin of the sorcery beyond the immediate cause. A diviner will indicate that the cause of death of, say, a child is sorcery, but that the witch is obscured behind the quarrelling words of some relative. Consequently, danger to a matrilineage ensues when one of its

[1] See Chap. V, p. 112.

2: Mitchell E-5 (1946-1949) 1956 FT7 Yao FT7

613 754 578 626 members goes to an outsider and grumbles to him about the family squabbles[1] and quarrels. The outsider then takes the opportunity of using this squabble to introduce his sorcery into the lineage. The Yao greatly fear backbiting because of their dread of sorcery and none dreads it more than a village headman, a warden of a sorority-group,[2] or a person in the position of having to keep a matrilineage or section together. These people are continually adjuring the women under them—for it is the women who are believed to be the main culprits—not to fight among themselves; and if they do, not to take their complaints to an outsider but to the senior member of the matrilineage. The significance of this in relation to lineage unity is plain enough.

613 578 843 224 Apart from sorcery, strained relationships between members of a matrilineage are believed to be dangerous for other reasons. Malice may adversely affect people who are in mystically dangerous states. The most common of these states is pregnancy. If a woman has a quarrel with a matrilineage member while she is pregnant she is likely to have a difficult labour. The Yao say 'the womb has heard these bad words'. Another situation where malice or quarrelling will cause difficulties is in hunting. The luck of the chase is capricious and malice may easily bring bad fortune to an otherwise good hunter. For example, a successful hunter once gave each of his two sisters a piece of venison. Each complained that the other had been given the larger piece and quarrelled vehemently about it for weeks. The hunter now found that no game fell into his traps. He went to a diviner who indicated the quarrel of the sisters as the cause of his failure and told the hunter to get them to 'blow water' (*kupeiyo*). He did this; good relationships were restored and his traps were filled once more.

613 578 769 755 These deleterious effects, like the curse, are connected in some way with the ancestor spirits. This is sometimes expressed quite clearly when a person is called upon to 'blow water'. A mother who wishes to revoke a curse, a woman who wishes to recant her malice towards her matrilineal relative who is suffering in childbirth, or a man whose sister's son is ill supposedly because

[1] This is called *miseri*, which I have translated as 'backbiting'. This idea is extremely important, as we shall see later.

[2] I.e. those men who are responsible for their sisters and their descendants. See p. 145 ff.

2: Mitchell E-5 (1946-1949) 1956 FT7 Yao FT7

of his malice towards him, might equally be called upon to do this. The person makes a statement to the effect that he bears no malice and hopes that the sufferer will be well. For example, a woman in Cikoja village who was called upon to 'blow water' during the labour pains of her mother's younger sister's daughter's daughter,[1] because they had quarrelled over a sifting basket, put some water in her mouth, spat it out and said: 'Those words I spoke: the basket is mine. This is my child. Both are mine. When I spoke and asked my child about it, they were not words to place in my heart, so that to-day we should have to go to the diviner because my child is hitched[2] and be accused because of the sifting basket. These words I push aside. I do not know whether there are other words that we fought about, but if they are these, my daughter's child come out!'[3] Sometimes the ancestors are specifically invoked, '*Conde, conde wamasoka . . .*' 'Please, please, O spirits . . .' This is a public confession of the tension within the lineage and it allows the lineage leaders to attempt to straighten out the difficulties, as they did in this case.[4]

These beliefs in mystical dangers of one sort or another which beset the matrilineage as the result of bad feelings within it, have the effect of constraining matrilineage members to maintain peaceable relations among themselves and are, therefore, conducive to maximum solidarity.

It is clear from MacDonald's writings that in earlier times the periodic offerings to the spirits of the ancestors was a valuable way in which the solidarity of the matrilineage was expressed. With the introduction of Islam and Christianity these sacrifices have disappeared. I have not worked in Christian areas long enough to be able to say whether the ancestor cult still persists. In the northern area, however, I can say that the ancestor cult survives as part of the practice of Islam. Periodically, feasts are held in

[1] See the history of the division in Cikoja lineage, pp. 165-6.

[2] *Kukolekwa*, i.e. the child cannot be born.

[3] *Une malolingala ciele cile cangune. Aju mwanangu. Yesepe yangune. Pinawertaga nikwenye, kumbenye mwanangu, ngiviwe malolile gakwiko kunilina, gati ngaka lele nikwenda kuciangu cakolekwa mwanangu nikumkamula une ligenge lya ciele. Cikepe ngwatuke. Kwalini ngapali gati getuwa kangamile nambo ngangepe malolile gakwe, cimkulu cangu cikepwe.*

[4] I have drawn attention to the cathartic effect of accusations of sorcery and public confession of guilt in a paper, 'A Note on the African Conception of Causality', *The Nyasaland Journal*, v, 2 (July 1952), 57-8.

11: Sanderson D-5 (ca. 1920) 1920 FT7 Yao FT7

/ The alternative term, *mwe*, common to nearly all Bantu languages, is usually reserved for "own father," but not always.

Latterly, though the relationship is really always, the husbands of a man's "daughters" or "grand-daughters" are called *atati*—in a complimentary sense, not of course in defining relationship.

The word *akaapo* is rapidly falling into desuetude for men, and is, nowadays, never used in speaking to a man of that relationship, though used freely as a mode of address to women.

Amao (or *achikulu-anapo, -mwe*, etc., "my, his mother") may be further defined as "great" or "little" in the same manner as *atati*.

The parents of any *atati* or *amao*, and those of one's wife are called *anakaje* ("grandparent"). Great-grandparents are specified as "father" or "mother of my grandfather (or mother)."

The founder of a family is called *Likolo*, originally in prayer—except for this augmentative prefix obviously the same word as *Nyapolo*," a parent," which includes all "fathers" and "mothers."

It is curious in this connection that a name for little girls in general, if one does not know their real names, is *chikulu*. All these words seem to be derived from *-kulu* ("have," "possess"), and refer, probably, either to actual or potential possession of offspring.

Achinanpolo are distinguished as "male" or "female" according as they belong to the father's or mother's side—irrespective of their own sex.

Conclusions.—The Yao nomenclature of relationships, bearing as it does the evidence of former group marriages, is, like other classificatory systems, gradually changing in conformity with the development of the race, so that it can be used to express consanguinity; Rivers has, I believe, called attention to this process.

The Yao custom—now dying out—of lending one's wife to a visitor (usually a close friend) may be a remnant of ideas carried on from communal marriage, though such a privilege is never given to a relative.

In the same way's man who has had no children (a great stigma) may request his friend to help him—he will never ask a relative—and all of the three parties will keep the secret of the true paternity of any children resulting.

In many tribes the marriage of brother and sister, or a man with his sister's child, is permitted to compensate for the law by which a man's property goes to the son of a stranger, but nothing of the kind is allowed among the Yaos. Indeed, they view any incestuous union with particular horror, and such must be very rare. I have heard of a case of a man committing incest with the idea that he would thereby become endued with supernatural power, but all he gained was extradition; in the old days he would have been burned.